

## Dear Patient and Family,

Thank you for choosing Kootenai Heart Clinics to be a part of your cardiovascular care. You have been referred for further work-up of your Aortic Stenosis. Our mission is to determine the best possible option for you, which could include, medical management with close follow-ups, Surgical Aortic Valve Replacement (SAVR), or Transcatheter Aortic Valve Replacement (TAVR).

Aortic stenosis is a narrowing of the aortic valve opening, that prevents normal blood flow through the valve. Over time, this can weaken the heart muscle and decrease the amount of blood the heart can pump. Symptoms of aortic stenosis can include chest pain, shortness of breath when exercising, fatigue, palpitations, and fainting.

TAVR is an FDA approved procedure.

The following pages are designed to help you navigate through the evaluation process. Various testing and appointments are needed to determine which option is best for you. All testing will be authorized through your insurance before proceeding, some insurances do take longer than others. Please ensure we have the correct insurance information.

### Your Structural Heart Team:

#### **Interventional Cardiologists:**

Donald Engles, M.D.  
Mark Troiano, D.O.  
Eric Wallace, D.O.

#### **Cardiothoracic Surgeons:**

Tori Lennox, M.D.  
Erick Montero, MD.

#### **Program Team:**

Sheila, OSC  
Hope, RN  
Belinda VanDitto, ARNP

This booklet will provide you with details that will help you in understanding more about your treatment options and plan moving forward.

Feel free to visit our website: [kh.org/heart-services/featured-procedures/](http://kh.org/heart-services/featured-procedures/)

**Structural Heart Program: 208.416.9153 / Fax: 208.769.8623**  
**Kootenai Heart Clinics: 208.625.5250**