

AFTER YOUR PROCEDURE:

- Expect to stay in the hospital for one night after the procedure.
- You will need to continue a strong blood thinner to prevent any blood clots from forming on the implant while it is healing in place for about 6 weeks. Over a period of weeks, a thin layer of tissue forms over the device creating a seal.
- **Follow up is required at 45 days, 6 months, 1 and 2 years.**
 - The 45 day follow up appointment will include a visit with the implanting team and requires an imaging study to assess for any presence of clot as well as complete closure of the LAA.
 - At 6 months, 1 and 2 years you will be assessed.
- Follow up Imaging: at 6 weeks, a Trans-esophageal Echo will be necessary. If the seal is completed, your cardiologist may stop the strong blood thinner and continue with a mild one.
- For 6 months following the device placement, antibiotic therapy is indicated to help prevent infection for any dental or GI procedures.
- If you need MRI testing in the future, please contact our office.



ACTIVITY:

- No lifting, pushing, pulling greater than 10 pounds for 1 week, this is to avoid any straining that changes the pressure in your chest.
- No driving for 4 days post device implantation, this is to allow the catheter sites to heal.
- You may gradually resume other normal activities like walking. Pace yourself based on how you feel.

For further questions please call: Jenny, RCS Structural Heart Program Coordinator at Kootenai Heart Clinics at 208.416.9153 or 208.625.5250.