

AFTER YOUR PROCEDURE:

- Based on individual situations, you may be discharged the day of the procedure, or you may stay in the Heart Center overnight.
- You will need to continue taking a blood thinner or antiplatelet to prevent any blood clots from forming on the implant while it is healing. Over a 6-week period a thin layer of tissue forms over the device creating a seal.



ACTIVITY RESTRICTIONS:

- No lifting, pushing, pulling greater than 10 pounds for 3-5 days, this is to avoid any straining that could cause bleeding to the puncture site.
- No driving for 2 days post device implantation.
- You may gradually resume normal activities after 5-7 days. Pace yourself based on how you feel.

FOLLOW-UP:

- At 45-days, an imaging study (Transesophageal Echocardiogram / TEE) is used to look for any presence of a clot on the device and the complete closure of the Left Atrial Appendage (LAA). If the LAA is closed, your cardiologist may stop the blood thinner and begin an antiplatelet. You will continue this medication plan for 6-months after the procedure date.
- You will receive a phone call 6 months after your procedure date from the Heart Clinic office. At this point, you will stop taking the antiplatelet (unless other medical problems prohibit stopping medication). Aspirin will be continued.
- A phone call will be made at the 1-year and 2-year mark, unless a routine follow-up is needed, then you will follow-up with your primary cardiologist.

OTHER CONSIDERATIONS:

- For 6 months following the device placement, antibiotic therapy is indicated to help prevent infection for any dental or GI procedures.
- Please wait 30-days prior to any MRI testing. If needed, please contact our office.

FURTHER QUESTIONS:

Structural Heart Program at Kootenai Heart Clinics at 208.416.9153 or Kootenai Heart Clinics 208.625.5250