

Endoscopy FAQ's

Q: How long is the procedure?

A: From when you check-in, it's about an hour and a half.

Q: Why can't I take a Taxi/Uber?

A: They are not medically trained nor are they someone you know, especially since you are sedated.

Q: Will they remove polyps during my procedure?

A: Yes, if possible.

Q: I'm rescheduling my procedure, should a new prep be called into my pharmacy?

A: If you have mixed your solution, yes. If you have not mixed your solution, double check the expiration date on the container.

Q: Why can't I take my fish/flax seed oil?

A: The residual oil coats your colon & will fog up the camera.

Q: Can I eat right after my procedure?

A: Yes – unless the doctor restricts your diet in some way.

Q: Can I drive after my procedure?

A: No – we recommend not driving the entire day nor making any legal decisions.

Q: When do I receive my results?

A: About a week to a week and a half.

Q: Does my driver have to wait for me in the lobby?

A: No, your driver is free to leave as long as you have their cell phone number to give to the nurse.

Q: How will I feel after I wake up?

A: Most will be coherent, ready to eat while others are potentially groggy & some simply don't remember a thing for up to a couple of hours.

Q: Why aren't Screening Colonoscopies recommended after 80?

A: The risks of the procedure/sedation outweigh the benefits.

Q: Does my insurance cover this procedure?

A: We send your information to our prior authorization team to get approval for the procedure, *however*, for more detailed information pertaining to coverage, copays & potential costs, you should contact your insurance as well as our price estimator line @ 208.625.4484.



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Q: Why can't I use a Cologuard?

A: You should discuss this further with your primary care physician; a cologuard is not as accurate as a colonoscopy.

Q: Can I have bone broth?

A: Yes

Q: Can I have a protein shake?

A: No

Q: Can I have popsicles?

A: Yes – Just not any that are red, blue or purple.

Q: Can I have sugar-free Gatorade?

A: Yes

Q: Is alcohol a clear liquid?

A: Yes, it is a clear liquid - *HOWEVER*, it is not advised to drink alcohol prior to your procedure, as it will dehydrate you.

Q: I have a question regarding my medication.

A: Let me transfer you to one of our nurses. However, if it's about what time they should take their blood pressure medication, blood thinner or diabetic meds, it should all be written on their instructions for you to relay appropriately.

Q: What do I do regarding my insulin pump?

A: Continue using it as normal, the anesthesiologist will talk to you more about it when you are checking in for your procedure.

Q: Why am I being scheduled at Specialty Procedures?

A: Due to your health history, it was recommended that your procedure be done at the hospital instead.

Q: Is there a cost difference between scheduling at the clinic vs the hospital?

A: No.



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