

# 2019 PRENATAL CLASS SCHEDULE

Costs: Prepared Childbirth \$40; Bringing Baby Home \$15; Breastfeeding Basics \$15.  
Register online at [kootenaihealth.org](http://kootenaihealth.org)



PREPARED CHILDBIRTH Cost: \$40	BRINGING BABY HOME Cost: \$15	BREASTFEEDING BASICS Cost: \$15
Tuesdays, Jan 8, 15, 22, 29, 6:00 – 8:30 pm	Monday, Jan 7 <sup>th</sup> 6-9	Wednesday, Jan 2 6:00-8:30 pm
Tuesdays, Feb 5, 12, 19, 26, 6:00 – 8:30 pm	Monday, Feb 4 <sup>th</sup> 6-9	Wednesday, Feb 6 6:00-8:30 pm
Tuesdays, Mar 5, 12, 19, 26, 6:00 – 8:30 pm	Monday, Mar 4 <sup>th</sup> 6-9	Wednesday, Mar 6 6:00-8:30 pm
Tuesdays, April 2, 9, 16, 23, 6:00 – 8:30 pm	Monday, April 1 <sup>st</sup> 6-9	Wednesday, April 3 6:00-8:30 pm
Tuesdays, May 7, 14, 21, 28, 6:00 – 8:30 pm	Monday, May 6 <sup>th</sup> 6-9	Wednesday, May 1 6:00-8:30 pm
Tuesdays, June 4, 11, 18, 25, 6:00 – 8:30 pm	Monday, June 3 <sup>rd</sup> 6-9	Wednesday, June 5 6:00-8:30 pm
Thursdays, July 2, 9, 16, 23, 6:00-8:30 pm	Monday, July 1 <sup>st</sup> 6-9	Wednesday, July 10 6:00-8:30 pm
Tuesdays, Aug 6, 13, 20, 27, 6:00 – 8:30 pm	Monday, August 5 <sup>th</sup> 6-9	Wednesday, August 7 6:00-8:30 pm
Tuesdays, Sep 3, 10, 17, 24, 6:00 – 8:30 pm	Monday, September 9 <sup>th</sup> 6-9	Wednesday, September 4 6:00-8:30 pm
Tuesdays, Oct 1, 8, 15, 22, 6:00 – 8:30 pm	Monday, October 7 <sup>th</sup> 6-9	Wednesday, October 2 6:00-8:30 pm
Tuesdays, Nov 5, 12, 19, 26, 6:00-8:30	Monday, November 4 <sup>th</sup> 6-9	Wednesday, November 6 6:00-8:30 pm
Tuesdays December 3, 10, 17, 18, 6:00-8:30	Monday, December 2 <sup>nd</sup> 6-9	Wednesday, December 4 6:00-8:30 pm

All birthing classes are held at Kootenai Health, 2003 Kootenai Health Way, Coeur d'Alene, ID 83814 in the Health Resource Center (light blue, one-story building located northwest of the main hospital building.) The tour begins in the Café classroom. For further information please call Kootenai Health Organizational Development (208 625-6050) or visit [www.kootenaihealth.org](http://www.kootenaihealth.org)