2017 Kootenai Health's Summer Certification Courses

ACLS • ENPC • NRP • PALS • TNCC







12-Lead EKG: Basic (2.5 WSNA contact hours*)

August 24

This class is designed to help you prepare for the more advanced class. It will cover lead/wall identification, injury, ischemia, and conduction abnormalities. Knowledge of cardiac rhythms is required.

12-Lead EKG: Advanced (3.75 WSNA contact hours*)

September 15

This class covers a broad spectrum of 12-Lead interpretation, including chamber enlargement and axis deviation. Knowledge of cardiac rhythms is required. Completion of the Basic 12-Lead class prior to this course is strongly recommended.

Advanced Cardiac Life Support (ACLS): 2-Day Provider Course (11.5 WSNA contact hours*)

August 1 & 2

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom ACLS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to ACLS.

Kootenai Health employees No charge
***Non-employees \$210 (20% discount to NIRHC hospitals and KH affiliates)
Book Fee (optional)\$50

Advanced Cardiac Life Support (ACLS): Recertification

6.1 WSNA contact hours*

August 2

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom ACLS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to ACLS.

Kootenai Health employees No charge
***Non-employees\$140 (20% discount to NIRHC hospitals and KH affiliates,
Book Fee (optional)\$50

Cardiac Rhythm Interpretation (17.5 WSNA contact hours*)

• August 8, 15, & 22

This is a 2.5-day course intended for beginners that have minimal to no knowledge of cardiac rhythm monitoring or interpretation. Course content includes cardiac anatomy and physiology, the cardiac monitoring process, rhythm identification and treatment. Attendance at all three dates is required as material is comprehensive and progresses from one day to the next.

Kootenai Health employees	No charge
Non-employees\$200 (20% discount to NIRHC	hospitals and KH affiliates)

Cardiac Rhythm Interpretation-Review (7 WSNA contact hours*)

• September 7

For RNs, HUCs, CNAs, and monitor techs that have already been through the three-day Cardiac Rhythm Interpretation course. Those who need to take their yearly rhythm test can complete it in class if they choose.

Kootenai Health employees...........No charge Non-employees..........\$80 (20% discount to NIRHC hospitals and KH affiliates)

Chemotherapy and Biotherapy Certification

The ONS Chemotherapy Course will be offered as an online certificate course in 2014. For more information email educationchemo@ons.org

Critical Care Basics: 2-Day Course (14 WSNA contact hours*)

• July 19 & 20 • September 26 & 27

This course is intended for nurses that are new to the Critical Care and Progressive Care areas. Content is at a beginning level for Critical Care and provides a foundation for more advanced learning. Nurses in the Medical/Surgical arena may also benefit as it includes an overview of cardiac, respiratory, and neurological disorders and treatment.

Emergency Nurse Pediatric Course (ENPC): 2-Day Provider Course (15.58 ENA contact hours**)

• August 16 & 17

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom ENPC is required. After the five-week cut off, please call for availability. Kootenai Health employees must be signed up by their manager; for all others, payment is required at time of registration. Course fees include ENA fees and book (which is required.) No prerequisite, but previous experience in an ED or Pediatric setting recommended.

Kootenai Health employees	No charge
***Non-employees\$215 (20% discount to NIRHC hospitals and	d KH affiliates)
Book Fee (optional)	\$65

Hemodynamics (2.5 WSNA contact hours*)

• September 13

For RNs new to critical care, new to hemodynamic monitoring (CVP, arterial lines, pulmonary artery catheters), or those who need a review.

Intra-Aortic Balloon Pump (IABP) (5 WSNA contact hours*)

• August 3

For RNs who provide care to IABP patients.

Leadership Academy

- **Leadership at the Foundation** (7.25 WSNA contact hours*)
- July 18

In this one-day session, you will learn the foundational elements of leadership and how your own personal effectiveness influences your leadership ability. You will create a Leadership Development Plan addressing strengths and weaknesses and helps you determine how to enhance your leadership skills. New leaders should have six months of experience in their new leadership role prior to taking this session.

Kootenai Health employees............No charge Non-employees........\$190 (20% discount to NIRHC hospitals and KH affiliates)

▶ Strategic Thinking (3.5 WSNA contact hours*)

• July 19

• Sep 27

In this half-day session, you will explore your ability to think at a higher level in your role through identifying strengths, weaknesses, opportunities and threats. You will increase your focus and prepare for change in any strategic initiative. In addition, strategies will be defined around clarity of communication through utilization of your preferred communication style.

▶ Effective Performance Feedback (3.5 WSNA contact hours*)

August 10

Explore how to provide an effective structure that provides ongoing and effective feedback to your employees that is timely, accurate, and encourages them to strive for higher levels of performance.

▶ Effective Communication (3.5 WSNA contact hours*)

• August 17

In this half-day session, you will learn effective strategies for improving your leadership communication. Through investigation of communication fundamentals, you will gain a greater understanding of how you come across to others and the importance of identifying what you want out of relationships. You will gain understanding of adequate preparation and delivery of all messages, especially high intensity or messages of high importance. Conflict management and resolution will be an essential discussion in your leadership communication effectiveness.

Kootenai Health employees......No charge
Non-employees \$100 (20% discount to NIRHC hospitals and KH affiliates)

▶ Motivate with Meaning (3.5 WSNA contact hours*)

• July 11 • September 12

In this half-day session, you will identify the environment you have created for your team and learn to adjust it to more closely match your desired environment. Understanding and practicing your role as leader, manager, coach and mentor will be key to your success. You will have an opportunity to assess your current motivation through the "What Motivates Me?" assessment. Development planning for your employees will be an essential tool in your new team environment.

Kootenai Health employees.........No charge Non-employees.......\$100 (20% discount to NIRHC hospitals and KH affiliates)

Leadership Training on Request

▶ Generational Differences

Did you know that there are four distinct generations represented in our workforce of today? Many employers say they are experiencing tension between employees from different generations. When we were born and what was going on during our formative years form perspectives about how we see community, how we use technology, and how we want to be led. Learn how to better lead a multi-generational team by capitalizing on the strengths and perspectives that employees from different generations bring to their jobs and to the team.

Scheduling: Schedule training by calling 625-6051 or emailing us at khclassregistration@kh.org

Professional Development

- **▶ Change Management** (3.8 WSNA contact hours*)
- August 16

Change is an everyday occurrence in health care, and especially at Kootenai Health. What can you do to help lead change and manage its impact? In this session, learn about the reality of change and the outcomes that

challenge teams and individuals on a daily basis. This training will take you through real change management practices in communicating, implementing, and maintaining effective change in any situation. Through an understanding of the dynamics of change, factors of resistance, and case study practices, you will be prepared to address, implement, and manage effective change.

Kootenai Health employees.........No charge Non-employees........\$100 (20% discount to NIRHC hospitals and KH affiliates)

▶ Communication on the Tipping Point (2 WSNA contact hours*)

August 9

Is there a hard conversation you need to have? How do you make sure that conversation is successful? This course gives you the steps to follow to help balance your conversation away from conflict and toward a successful outcome. In the course you'll learn how to identify potential high-intensity situations, how to create a safe space for conversation, and identify tools and techniques to help you communicate in these situations.

▶ Conflict Communication (2 WSNA contact hours*)

July 25September 20

Conflict is a part of daily life: it helps us challenge assumptions and come up with creative solutions. But when conflict becomes a problem, how can you resolve it? In this course, you will learn the common causes of conflict, five strategies for resolving conflict, and steps to take to collaborate through the conflict to a good resolution.

Everyday Communication (2 WSNA contact hours*)

July 12September 27

Studies show that you spend about 75 percent of your waking hours in verbal communication—either speaking or listening. Make the most of what you have to say! This course discusses the three aspects of verbal communication and how to engage people in your everyday communication. Topics include body language, tone of voice, word choice, and active listening.

▶ Project Management (3.75 WSNA contact hours*)

• September 5

In this session, learn about the basics of managing small to medium-sized projects. This course will give you an overview of the five phases of project management and the fundamentals to working through each of those phases. Topics include: stakeholder analysis, project scopes, setting deadlines and deliverables, building a project team, communication, control, and closing out. Participants will be given simple tools to take away for use in future project management opportunities. Please note: This course is intended as an introduction for those who are not project management professionals but still need the foundational knowledge and tools to be able to manage projects for their department/unit. Come to the session with a project in mind to be able to use as an example case study.

Neonatal Resuscitation Program (NRP) Simulation

July 11
 August 17

September 13

Three steps are required for completion of this course: check out study materials, complete the online test and register for a live simulation class.

Nurse Residency Program Workshops

July 18 (#1)
 August 15 (#2)
 September 19 (#3)

No matter where you begin your nursing career; the Kootenai Health Nurse Residency Program will enhance your transition into professional practice. Each month new nurses come together to give mutual support, practice emerging nursing skills, and embed professional nursing practice. The Nurse Residency Program is a series of four 8-hour workshops open to the public, and a fifth workshop specific to Kootenai Health staff. The workshops are designed specifically for the new graduate nurse. Sessions are held once each month, and the entire series is done twice each year. Professional topics in later workshops build on technical topics in earlier sessions and more fully develop the professional nursing role. The program features professional development on new graduate transition topics, industry best practices on current nursing issues (patient safety, pain management, etc.), simulations and skills workshops.

Pediatric Advance Life Support (PALS): 2-Day Provider Course (11 WSNA contact hours*)

July 26 & 27
 September 20 & 21

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom PALS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to PALS.

Kootenai Health employees	No charge
***Non-employees \$210	(20% discount to NIRHC hospitals and KH affiliates)
Book fee (optional)	\$60

Pediatric Advance Life Support (PALS): Recertification

(7.5 WSNA contact hours*)

July 27September 21

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom PALS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to PALS.

Kootenai employeesNo charge	
***Non-employees\$140 (20% discount to NIRHC hospitals and KH affiliates)	
Book fee (optional)\$60	

Pediatric Emergency Assessment, Recognition, and Stabilization (PEARS) (7 WSNA contact hours*)

• August 30

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom PEARS is required. After the five-week cut off, please call for availability. PEARS is an American Heart Association certification course. The main focus of PEARS is prevention, and specifically the assessment, recognition, and stabilization of pediatric patients at risk for severe cardiopulmonary distress. The PEARS course is a precursor to Pediatric Advanced Life Support (PALS), which teaches emergency management of respiratory failure and cardiac arrest. PEARS is recommended for nurses that work in an emergency department, pediatric unit or any general medical department that provides care to the pediatric population.

Kootenai employees	No charge
***Non-employees\$140 (20% discount to NIRHC hospitals	and KH affiliates)
Book fee (optional)	\$35

Preceptor Training (3.25 WSNA contact hours*)

August 22

This class is for clinical staff who precept new employees and have not previously attended a Preceptor workshop.

To register call (208) 625-6050 or email khclassregistration@kh.org

Because most classes have a minimum and maximum registration, please register early. Classes will not be overbooked and those that do not reach the minimum registration will be cancelled. Check digital signage for location. All courses are subject to change.

Questions? Contact Organization Development at (208) 625-6050 or email us at khclassregistration@kh.org

- Kootenai Health (PA-64/Sept/19) is an approved provider of continuing nursing education by Washington State Nurses Association Approver of Continuing Nursing Education (A-CNE), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- ** The Emergency Nurses Association (ENA) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- *** The American Heart Association® strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association®. Any fees charged for such a course, except for a portion of the fees needed for AHA course materials; do not represent income to the Association.
- **** Idaho State University (ISU) Department of Counseling continuing education.





To register call (208) 625-6050 or email khclassregistration@kh.org

(Payment is required at time of registration. NIRHC and Kootenai Health affiliates please contact your Human Resources or Education department for your on-line discount code.)

For payment by check, please complete this form and mail with check payable to:

Name:Address:		Kootenai Health Attn: Organizational Development Department 2003 Kootenai Health Way, Coeur d'Alene, ID 83814
Phone (work):	Phone (home):	Contact us: (208) 625-6050
Email: Workplace:		Refund Policy: To receive a refund, notice of cancellation must be received one week prior to class (chemo certification cancellation must be received two weeks prior). A \$25 administrative fee plus any additional book fee will be retained unless class is cancelled by Kootenai Health.

Course Title/Book	Course Date	Included Amount
12-Lead EKG: Basic		
12-Lead EKG: Advanced		
ACLS Provider		
ACLS Recertification		
ACLS Book		
Cardiac Rhythm Interpretation		
Cardiac Rhythm Interpretation Review		
Critical Care Basics		
ENPC Provider		
Hemodynamics		
IABP		
Leadership Academy		
Leadership at the Foundation		
Strategic Thinking		
Effective Performance Feedback		
Effective Communication		
Motivate with Meaning		
Professional Development		
Change Management		
Communication on the Tipping Point		
Conflict Communication		
Everyday Communication		
Project Management		
NRP Simulation		
Nurse Residency Program Workshops		
PALS Provider		
PALS Recertification		
PALS Book		
PEARS		
Preceptor Training		
Total Amount		\$

