

2017 Kootenai Health's Fall Certification Courses

ACLS • ENPC • NRP • PALS • TNCC



12-Lead EKG: Basic

(2.5 WSNA contact hours*)

• December 1

This class is designed to help you prepare for the more advanced class. It will cover lead/wall identification, injury, ischemia, and conduction abnormalities. Knowledge of cardiac rhythms is required.

Kootenai Health employees..... No charge

Non-employees.....\$40 (20% discount to NIRHC hospitals and KH affiliates)

Advanced Cardiac Life Support (ACLS): 2-Day Provider Course

(11.5 WSNA contact hours*)

• October 18 & 19 • December 5 & 6

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom ACLS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to ACLS.

Kootenai Health employees..... No charge

*****Non-employees.....\$210** (20% discount to NIRHC hospitals and KH affiliates)

Book Fee (optional)..... \$50

Advanced Cardiac Life Support (ACLS): Recertification

6.1 WSNA contact hours*

• October 19 • December 6

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom ACLS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to ACLS.

Kootenai Health employees..... No charge

*****Non-employees.....\$140** (20% discount to NIRHC hospitals and KH affiliates)

Book Fee (optional)..... \$50

Cardiac Rhythm Interpretation

(17.5 WSNA contact hours*)

• November 7, 14 & 21

This is a 2.5-day course intended for beginners that have minimal to no knowledge of cardiac rhythm monitoring or interpretation. Course content includes cardiac anatomy and physiology, the cardiac monitoring process, rhythm identification and treatment. Attendance at all three dates is required as material is comprehensive and progresses from one day to the next.

Kootenai Health employees..... No charge

Non-employees.....\$200 (20% discount to NIRHC hospitals and KH affiliates)

Chemotherapy and Biotherapy Certification

The ONS Chemotherapy Course will be offered as an online certificate course in 2014. For more information email educationchemo@ons.org

Intra-Aortic Balloon Pump - Beginner (IABP)

(5 WSNA contact hours*)

• December 7

For RNs who provide care to IABP patients.

Kootenai employees..... No charge

Non-employees.....\$100 (20% discount to NIRHC hospitals and KH affiliates)



Leadership Courses

Leadership Academy

► Change Management

(3.8 WSNA contact hours*)

• November 2

Change is an everyday occurrence in health care, and especially at Kootenai Health. What can you do to help lead change and manage its impact? In this session, learn about the reality of change and the outcomes that challenge teams and individuals on a daily basis. This training will take you through real change management practices in communicating, implementing, and maintaining effective change in any situation. Through an understanding of the dynamics of change, factors of resistance, and case study practices, you will be prepared to address, implement, and manage effective change.

Kootenai Health employees..... No charge

Non-employees.....\$100 (20% discount to NIRHC hospitals and KH affiliates)

► Effective Performance Feedback

(3.5 WSNA contact hours*)

• October 11 • December 13

Explore how to provide an effective structure that provides ongoing and effective feedback to your employees that is timely, accurate, and encourages them to strive for higher levels of performance.

Kootenai Health employees..... No charge

Non-employees.....\$100 (20% discount to NIRHC hospitals and KH affiliates)

► Effective Communication

(3.5 WSNA contact hours*)

• October 12 • December 7

In this half-day session, you will learn effective strategies for improving your leadership communication. Through investigation of communication fundamentals, you will gain a greater understanding of how you come across to others and the importance of identifying what you want out of relationships. You will gain understanding of adequate preparation and delivery of all messages, especially high intensity or messages of high importance. Conflict management and resolution will be an essential discussion in your leadership communication effectiveness.

Kootenai Health employees..... No charge

Non-employees.....\$100 (20% discount to NIRHC hospitals and KH affiliates)

► Leadership at the Foundation

(7.25 WSNA contact hours*)

• October 26

In this one-day session, you will learn the foundational elements of leadership and how your own personal effectiveness influences your leadership ability. You will create a Leadership Development Plan addressing strengths and weaknesses and helps you determine how to enhance your leadership skills. New leaders should have six months of experience in their new leadership role prior to taking this session.

Kootenai Health employees..... No charge

Non-employees.....\$190 (20% discount to NIRHC hospitals and KH affiliates)

► Motivate with Meaning

(3.5 WSNA contact hours*)

• November 7

In this half-day session, you will identify the environment you have created for your team and learn to adjust it to more closely match your desired environment. Understanding and practicing your role as leader, manager, coach and mentor will be key to your success. You will have an opportunity to assess your current motivation through the “What Motivates Me?” assessment. Development planning for your employees will be an essential tool in your new team environment.

Kootenai Health employees.....No charge

Non-employees.....

\$100 (20% discount to NIRHC hospitals and KH affiliates)

► Strategic Thinking

(3.5 WSNA contact hours*)

• November 28

In this half-day session, you will explore your ability to think at a higher level in your role through identifying strengths, weaknesses, opportunities and threats. You will increase your focus and prepare for change in any strategic initiative. In addition, strategies will be defined around clarity of communication through utilization of your preferred communication style.

Kootenai Health employees.....No charge

Non-employees \$100 (20% discount to NIRHC hospitals and KH affiliates)

Leadership Training on Request

► Generational Differences

Did you know that there are four distinct generations represented in our workforce of today? Many employers say they are experiencing tension between employees from different generations. When we were born and what was going on during our formative years form perspectives about how we see community, how we use technology, and how we want to be led. Learn how to better lead a multi-generational team by capitalizing on the strengths and perspectives that employees from different generations bring to their jobs and to the team.

Scheduling: Schedule training by calling 625-6051 or emailing us at khclassregistration@kh.org

Professional Development

► Communication on the Tipping Point

(2 WSNA contact hours*)

• October 3

Is there a hard conversation you need to have? How do you make sure that conversation is successful? This course gives you the steps to follow to help balance your conversation away from conflict and toward a successful outcome. In the course you'll learn how to identify potential high-intensity situations, how to create a safe space for conversation, and identify tools and techniques to help you communicate in these situations.

Kootenai Health employees.....No charge

Non-employees..... \$75 (20% discount to NIRHC hospitals and KH affiliates)

► Conflict Communication

(2 WSNA contact hours*)

• November 8

Conflict is a part of daily life: it helps us challenge assumptions and come up with creative solutions. But when conflict becomes a problem, how can you resolve it? In this course, you will learn the common causes of conflict, five strategies for resolving conflict, and steps to take to collaborate through the conflict to a good resolution.

Kootenai Health employees.....No charge

Non-employees..... \$75 (20% discount to NIRHC hospitals and KH affiliates)

► Everyday Communication

(2 WSNA contact hours*)

• December 7

Studies show that you spend about 75 percent of your waking hours in verbal communication—either speaking or listening. Make the most of what you have to say! This course discusses the three aspects of verbal communication and how to engage people in your everyday communication. Topics include body language, tone of voice, word choice, and active listening.

Kootenai Health employees..... No charge

Non-employees.....\$75 (20% discount to NIRHC hospitals and KH affiliates)

► Project Management

(3.75 WSNA contact hours*)

• December 4

In this session, learn about the basics of managing small to medium-sized projects. This course will give you an overview of the five phases of project management and the fundamentals to working through each of those phases. Topics include: stakeholder analysis, project scopes, setting deadlines and deliverables, building a project team, communication, control, and closing out. Participants will be given simple tools to take away for use in future project management opportunities. Please note: This course is intended as an introduction for those who are not project management professionals but still need the foundational knowledge and tools to be able to manage projects for their department/unit. Come to the session with a project in mind to be able to use as an example case study.

Kootenai Health employees..... No charge

Non-employees.....\$100 (20% discount to NIRHC hospitals and KH affiliates)

Neonatal Resuscitation Program (NRP) Simulation

• October 19 • November 14 • December 14

Three steps are required for completion of this course: check out study materials, complete the online test and register for a live simulation class.

Kootenai employees No charge

Non-employees..... \$125 (20% discount to NIRHC hospitals and KH affiliates)



Nurse Residency Program Workshops

- October 17 (#4)
- November 21 (#5)

No matter where you begin your nursing career; the Kootenai Health Nurse Residency Program will enhance your transition into professional practice. Each month new nurses come together to give mutual support, practice emerging nursing skills, and embed professional nursing practice. The Nurse Residency Program is a series of four 8-hour workshops open to the public, and a fifth workshop specific to Kootenai Health staff. The workshops are designed specifically for the new graduate nurse. Sessions are held once each month, and the entire series is done twice each year. Professional topics in later workshops build on technical topics in earlier sessions and more fully develop the professional nursing role. The program features professional development on new graduate transition topics, industry best practices on current nursing issues (patient safety, pain management, etc.), simulations and skills workshops.

Kootenai employeesNo charge
Non-employees.....\$100 per session or \$350 for all four

(20% discount to NIRHC hospitals and KH affiliates)

Pediatric Advance Life Support (PALS): 2-Day Provider Course

(11 WSNA contact hours*)

- November 15 & 16

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom PALS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to PALS.

Kootenai Health employees.....No charge
*****Non-employees.....\$210** *(20% discount to NIRHC hospitals and KH affiliates)*
Book fee (optional)\$60

Pediatric Advance Life Support (PALS): Recertification

(7.5 WSNA contact hours*)

- November 16

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, enrollees will be notified of their placement status. Registration priority will be given to Kootenai Health employees for whom PALS is required. After the five-week cut off, please call for availability. Knowledge of cardiac rhythms and BLS are required. Cardiac Rhythm Interpretation is a recommended course prior to PALS.

Kootenai employeesNo charge
*****Non-employees.....\$140** *(20% discount to NIRHC hospitals and KH affiliates)*
Book fee (optional)\$60

Trauma Nurse Core Course (TNCC): 2-Day Provider Course

(17.65 ENA contact hours**)

- October 4 & 5

Registration deadline is five weeks prior to class. ALL enrollees are placed on a waiting list at time of registration. Five weeks prior to the course, Organizational Development will notify enrollees of their placement status. Registration priority will be given to Kootenai Health employees for whom TNCC is required. After the five-week cut off, please call for availability. Kootenai Health employees must be signed up by their manager; for all others payment is required at time of registration. Course fees include ENA fees. Additional book fee applies. No prerequisite, but previous experience in an ED or Critical Care setting recommended.

Kootenai employees No charge
*****Non-employees....\$200** *(20% discount to NIRHC hospitals and KH affiliates)*
Book fee (optional)\$75

**To register call (208) 625-6050 or email
khclassregistration@kh.org**

Because most classes have a minimum and maximum registration, please register early. Classes will not be overbooked and those that do not reach the minimum registration will be cancelled. Check digital signage for location. All courses are subject to change.

**Questions? Contact Organization Development at
(208) 625-6050 or email us at khclassregistration@kh.org**

* Kootenai Health (PA-64/Sept/19) is an approved provider of continuing nursing education by Washington State Nurses Association Approver of Continuing Nursing Education (A-CNE), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

** The Emergency Nurses Association (ENA) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

*** The American Heart Association® strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association®. Any fees charged for such a course, except for a portion of the fees needed for AHA course materials; do not represent income to the Association.

**** Idaho State University (ISU) Department of Counseling continuing education.



KootenaiHealth

2003 Kootenai Health Way
Coeur d'Alene, ID 83814
kh.org/education

9.28.2017