

Water Safety



For more information, contact:

Donna Kalanick, RN

Injury Prevention Coordinator

Trauma Services

(208) 625-5722

Kootenai Health

2003 Kootenai Health Way

Coeur d'Alene, Idaho 83814



KootenaiHealth

**SAFE
K:IDS**
KOOTENAI
COUNTY

There are things you can do to help keep your child safe. Please use this flyer to help you remember what to do.

- Always watch kids in and around water.
- Use fences and other barriers to keep kids away from pools when you're not around.
- Use life jackets when in or near open bodies of water or when participating in water sports.
- Teach kids water safety rules too.



www.safekids.org

In partnership with:



Home

- ❗ Never leave the room when kids are in the tub.
- Know that a baby bath seat or ring doesn't keep kids from drowning.
- Empty and turn over all buckets as soon as you are done using them.



Swimming

- Actively watch children when they are swimming. Don't leave, even for a moment.
- Teach kids never to swim alone.
- Don't let kids dive into water less than nine feet deep.
- Know that any child can get in trouble in the water, even if he is wearing a life jacket or has taken swimming lessons.

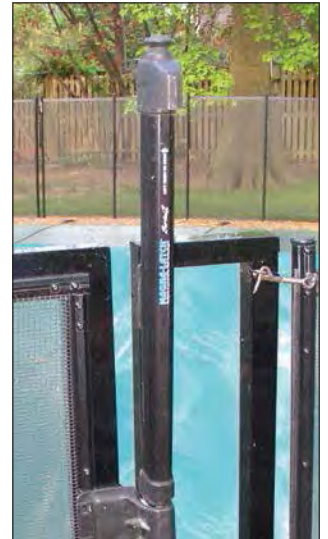


Pools

- ❗ Never leave a gate to the pool open.
- Teach kids to stay away from pool and hot tub drains.
- Make sure kids take swimming lessons when they're ready, usually after age 4.
- Empty and turn over wading pools as soon as the kids are out.



- Use anti-entrapment devices in pools and hot tubs.
- Have a fence at least 5 feet high that separates the pool from the house and yard. Have gates that close and latch automatically.
- Have alarms on every door and window that leads to the pool area.



Open Water

- ❗ Make sure kids only swim in areas designated for swimming.
- Don't let kids dive into natural bodies of water.



- Make sure kids wear a U.S. Coast Guard-approved life jacket anytime when in or near open bodies of water or participating in water sports.
- Don't let kids operate personal watercraft such as jet skis. These are intended for adults and require special training.

